PATIENT NAME: ELLIS, JORDAN
ENCOUNTER DATE: 11/17/2026
DATE OF BIRTH: 03/14/1981
DATE OF INJURY: 09/02/2026

Alder Cove
SPINE & REHAB

Narrative Report

HISTORY OF PRESENT ILLNESS

On 09/02/2026, Mr. Ellis was the restrained driver of a stopped vehicle struck from behind. Neck stiffness began immediately and left arm pain the next morning. At his first visit on 09/08/2026 he rated neck pain 7/10 and arm pain 7/10, with numbness in the left thumb and index finger. He reported no prior neck injury.

OUTCOME ASSESSMENTS

Neck Disability Index: 38/50 on 09/08/2026; 22/50 on 11/10/2026. Neck pain 7/10 to 3/10; arm pain 7/10 to 2/10.

DIAGNOSTIC IMAGING REVIEW

MRI of the cervical spine dated 10/20/2026 shows a left paracentral disc protrusion at C5-6 with moderate left foraminal narrowing.

SUMMARY

Treated 18 times between 09/08/2026 and 11/10/2026 with chiropractic manipulative therapy, cervical traction and home exercise. Referred to Daniel R. Hale, MD, for spine consultation. Returned to full duty on 10/27/2026.

ASSESSMENT DIAGNOSIS

1. Cervical sprain/strain.
2. Left C6 radiculopathy.
3. C5-6 left paracentral disc protrusion.

Within a reasonable degree of chiropractic probability, these injuries are causally related to the motor vehicle collision of 09/02/2026.

PROGNOSIS

Guarded. He has improved but has not reached maximum medical improvement.

RECOMMENDATIONS

Weekly care for six weeks, then re-evaluation. Estimated future care: 6 visits and 1 re-evaluation.

KAREN LIU
DC